

Terrie Williams---Award List

Ebony Magazine's 2010 "Power 150" for Activism

Woman's Day magazine's "50 Women On A Mission To Change The World"

1991 New York Women of Communications Matrix Award in Public Relations

1996 Vernon C. Schranz Distinguished Lectureship at Ball State University

Public Relations Society of America /New York Chapter's Phillip Dorf Mentoring Award

2006 Institute for the Advancement of Multicultural & Minority Medicine's 2006 Eagle Fly Free Award

2009 Dr. David Satcher Mental Health Trailblazer Award

The Citizen's Committee for New York Marietta Tree Award for Public Service

2009 Florence Gould Gross Award from NAMI/FAMILYA of Rockland County for extraordinary commitment to de-stigmatizing mental illness

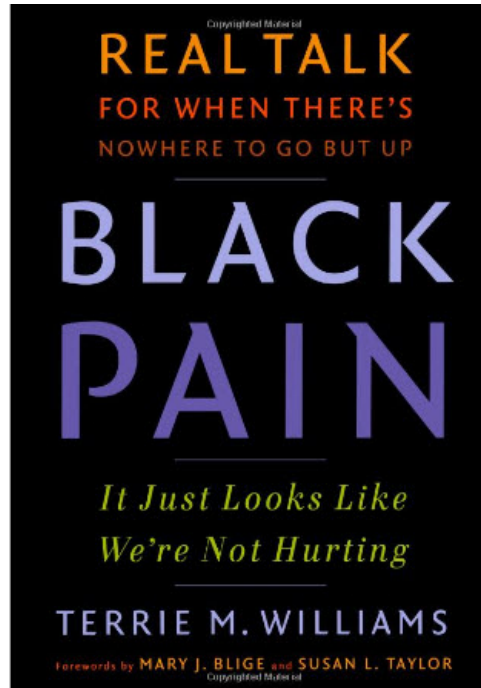
2010 NAMI's The Alliance on Mental Illness of New York City-- Honoring Pioneering Women in Mental Health

2011 The Heart & Soul Award

2011 Full Circle Health Award

2011 New Federal Theatre's 40th Anniversary Honoree

2011 MAAX Awards Public Relations Executive



"The help we need is here: a clear explanation of our troubles and a guide to finding relief through faith, therapy, diet, and exercise, as well as through building a supportive network (and eliminating toxic people). *Black Pain* encourages us to face the truth about the issue that plunges our spirits into darkness, so that we can step into the healing light."

Recovery Network of Programs

2 Trap Falls Road
Suite 405
Shelton, CT 06484

Phone: 203-929-1954
Fax: 203-929-1279

<http://www.Recovery-Programs.org>



Welcomes Author Terrie M. Williams



Date: Tuesday, Dec 6, 2011
Time: 1:00 PM - 4:00 PM
Location: 3 Corporate Drive
(Tower 3) Auditorium
Shelton, CT 06484
Admission: \$15

Terrie M. Williams
President and Founder
The Terrie Williams Agency
The Stay Strong Foundation



Terrie M. Williams, one of *Ebony* magazine's "Power 150" for Activism and

Woman's Day magazine "50 Women On A Mission To Change The World," is an advocate for change and empowerment. For more than 30 years, she has used her influence and communications expertise to educate and engage audiences in causes.

She launched The Terrie Williams Agency in 1988 with superstar Eddie Murphy and the late jazz legend Miles Davis as her first clients and has continued to represent some of the biggest personalities and businesses in entertainment, sports, business and politics. Ms. Williams also founded The Stay Strong Foundation, a national non-profit for youth, building on her book *Stay Strong: Simple Life Lessons for Teens*. Her latest book, entitled *Black Pain: It Just Looks Like We're Not Hurting*, recounts her personal struggles with depression and the impact the stigma of mental ill-

nesses have particularly on the African-American community. Her Foundation's creation of a mental health advocacy campaign led to collaboration with the Ad Council's and SAMHSA's Campaign of Mental Health Recovery.

The Foundation encourages corporate and individual responsibility; develops educational resources for youth and youth organizations; provides and coordinates internships; sets up mentoring opportunities; and facilitates visits by prominent individuals and business professionals to schools, libraries, youth organizations and group homes. For more information, please visit www.healingstartswithus.net, www.thestaystrongfoundation.org, and www.used2beme.net.



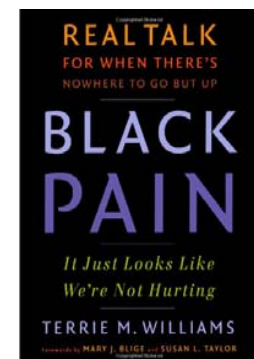
Terrie has a B. A. (*cum laude*) in Psychology and Sociology from Brandeis University, and an M.S. in Social Work from Columbia University.

Williams is frequently featured and quoted in the national press, college textbooks, industry publications and novels. She is one of the country's most highly sought-

after executive and inspirational speakers, addressing a variety of topics including public relations and communications, business communications and networking, demystifying mental illness, and creating balance in your personal and professional life.

"My life experience has taught me time and again that when you know better, you do better. I have written this book to help us know better. To know our pain. To know ourselves better, know our pain better, and know that there are paths to healing."

"It is my greatest wish that . . . you will look differently at everyone you meet. That you will see those around you more compassionately, knowing that they too have a story."



Black Pain is available now for \$15 by calling (203) 929-1954. It will also be available for purchase on Dec 6.