

OUR MISSION, OUR HISTORY

Recovery Network of Programs, Inc. (RNP) is a private, non-profit behavioral health provider serving Connecticut. Its primary mission is to serve the economically disadvantaged / afflicted person by using a variety of individualized and diversified approaches to person-centered care.

Founded in 1972, RNP has grown to meet the needs of the community. RNP employs a highly trained, diverse and qualified staff of professionals to provide case management and treatment services for individuals with substance abuse, mental health and / or housing needs. All services are based on a Recovery Model of Care which individualizes treatment to support and encourage an individual's recovery and increased stability.

Today, the Organization's scope of services provide a continuum of care in the following areas: medication-assisted treatment, individual and group drug and alcohol counseling, substance abuse and mental health education, information and referral, a variety of counseling programs for youth and adults; facilities for individuals recovering from psychiatric disorders and a wide range of housing options for the homeless.



*** Center for Human Services**
2 Research Drive, Stratford, CT 06615
Tel: 203.386.8802 Fax: 203.386-8369

First Step
425 Grant St. Bridgeport, CT 06610
Tel: 203.416.1915 Fax: 203.416.1919

Horizons
1635 Fairfield Avenue Bridgeport, CT 06605
Tel: 203.333.3518 Fax: 203.382.5589

Huntington House
74 Huntington Road Bridgeport, CT 06608
Tel: 203.366-7012 Fax: 203.384.6279



Iranistan House
964 Iranistan Avenue Bridgeport, CT 06604
Tel: 203.367.0025 Fax: 203.337.6239



*** Kinsella Treatment Center**
1438 Park Avenue Bridgeport, CT 06604
Tel: 203.335.2173 Fax: 203.333.0754

McGrath House
467-469 Summit Street Bridgeport, CT 06606
Tel: 203.337.8180 Fax: 203.337.8183



New Prospects & Prospect House
392 Prospect Street Bridgeport, CT 06604
Tel: 203.610.6252 Fax: 203.610.6332
(PH) Tel: 203.576.9041 Fax: 203.334.7798



**Recovery Adolescent Program / Annex
& Drug Intervention Program**
1549 Fairfield Avenue Bridgeport, CT 06605
Tel: 203.333.4105 Fax: 203.331.4740
(DIP) Tel: 203.610.6410 Fax: 203.610.6369



Recovery Counseling Services
480 Bond Street Bridgeport, CT 06610
Tel: 203.366.5817 Fax: 203.394.6790



Seaview Apartments
1826 Seaview Avenue Bridgeport, CT 06610
Tel: 203.610.8296 Fax: 203.610.8720

Supervised Apartments
1549 Fairfield Avenue Bridgeport, CT 06605
Tel: 203.337.8180 Fax: 203.337.8183

Urban Model Initiative
410-414 Poplar Street Bridgeport, CT 06604
Tel: 203.333.3445 Fax: 203.579.5159

* Medication - Assisted Treatment

Recovery
Network
of Programs

Helping people build better lives since 1972

Recovery Counseling Services

480 Bond Street
Bridgeport, CT 06610
Tel: 203.366.5817
Fax: 203.394.6790
TTY: 203.225.0427
1.877.4.RNP.CARES
(1.877.476.7227)



www.Recovery-Programs.org

INTERDISCIPLINARY TEAM

The interdisciplinary team has extensive experience in dealing with substance abuse, mental health, gambling and co-occurring disorder treatment issues.

Referrals:

The clinic accepts walk-ins and referrals from other agencies such as DCF-Project Safe, Court Support Services and Federal and State probation.

Insurances: SAGA, Title 19, Husky A Bluecare and CHN. In addition, we have a sliding scale for clients without insurance benefits.

PROGRAM SITES AND HOURS OF OPERATION

Recovery Counseling Services has two sites located in Bridgeport.

480 Bond Street, Bridgeport, CT
M,W, TH: 9a—9p
T: 9a— 7:30p
F: 9a—5p

RCS ANNEX
1549 Fairfield Avenue, Bridgeport, CT
M,W, TH: 9a—5p
T: 9a— 7:30p
F: 9a—5p

The hours are designed to accommodate a range of client schedules in an effort to make treatment easily accessible.

TARGET POPULATION

Recovery Counseling Services accepts men and women ages 18 and older with substance abuse only or mental health issues only as well as those with co-occurring issues.

INTEGRATED CARE

Treatment services are focused on the provision of quality integrated care to address co-occurring substance and mental health issues.

Services include:

- Case Management and assertive linkages to detox or long term inpatient services
- Educational programming comprised of lectures, videos and speakers with a specific focus on integrated care for substance abuse and mental health issues
- Crisis Intervention
- HIV information and referrals
- Alcohol and drug screening by urinalysis
- Continuing care through effective transition and discharge planning

Evidence-based treatments known to be effective for co-occurring integrated care are central to the services provided.

RECOVERY COUNSELING SERVICES is a CARF accredited, Department of Public Health licensed co-occurring clinic providing outpatient substance abuse and mental health services to adult men and women.

TREATMENT SERVICES

Listed below are the components of our treatment services:

Substance Abuse Evaluations: Bio-psychosocial assessments that help form a holistic clinical picture of the client.

Mental Health Evaluations: Comprehensive mental health assessments completed by master's level clinicians.

Substance Abuse Treatment: Individual Therapy, Intensive Outpatient, Marijuana and Coping Skills Groups using evidence-based treatment.

Mental Health Treatment Offered through the services of an on-site psychiatrist and individual therapy with a clinician.

Counseling Services for Problem Gamblers: Treatment may include individual therapy and incorporates financial counseling.

Specialized groups such as Anger Management and groups with a co-occurring focus are developed based on need.

Treatment is offered to family members as well in the context of family therapy.