

OUR MISSION, OUR HISTORY

Recovery Network of Programs, Inc. (RNP)

Its primary mission is to serve the economically disadvantaged / afflicted person by using a variety of individualized and diversified approaches to person-centered care.

Founded in 1972, RNP has grown to meet the needs of the community. RNP employs a highly trained, diverse and qualified staff of professionals to provide substance abuse treatment, case management for the mentally impaired and homeless at numerous locations in Connecticut. All services are based on a Recovery Model of Care which individualizes treatment to support and encourage an individual's recovery and increased stability.

Today, the RNP's scope of services provide a continuum of care in the following areas: medication-assisted treatment, individual and group drug and alcohol counseling, substance abuse and mental health education, information and referral, a variety of counseling programs for youth and adults; facilities for individuals recovering from psychiatric disorders and a wide range of housing options for the homeless.



*** Center for Human Services**
2 Research Drive, Stratford, CT 06615
Tel: 203.386.8802 Fax: 203.386-8369

First Step

425 Grant St. Bridgeport, CT 06610
Tel: 203.416.1915 Fax: 203.416.1919

Horizons

1635 Fairfield Avenue Bridgeport, CT 06605
Tel: 203.333.3518 Fax: 203.382.5589

Huntington House

74 Huntington Road Bridgeport, CT 06608
Tel: 203.366-7012 Fax: 203.384.6279

Iranistan House

964 Iranistan Avenue Bridgeport, CT 06604
Tel: 203.367.0025 Fax: 203.337.6239



* Kinsella Treatment Center

1438 Park Avenue Bridgeport, CT 06604
Tel: 203.335.2173 Fax: 203.333.0754



McGrath House

467-469 Summit Street Bridgeport, CT 06606
Tel: 203.337.8180 Fax: 203.337.8183

New Prospects & Prospect House

392 Prospect Street Bridgeport, CT 06604
Tel: 203.610.6252 Fax: 203.610.6332
(PH) Tel: 203.576.9041 Fax: 203.334.7798



Recovery Adolescent Program / Annex & Drug Intervention Program

1549 Fairfield Avenue Bridgeport, CT 06605
Tel: 203.333.4105 Fax: 203.331.4740
(DIP) Tel: 203.610.6410 Fax: 203.610.6369



Recovery Counseling Services

480 Bond Street Bridgeport, CT 06610
Tel: 203.366.5817 Fax: 203.394.6790



Seaview Apartments

1826 Seaview Avenue Bridgeport, CT 06610
Tel: 203.610.8296 Fax: 203.610.8720

Supervised Apartments

1549 Fairfield Avenue Bridgeport, CT 06605
Tel: 203.337.8180 Fax: 203.337.8183



Urban Model Initiative

410-414 Poplar Street Bridgeport, CT 06604
Tel: 203.333.3445 Fax: 203.579.5159

* Medication - Assisted Treatment

Recovery
Network
of Programs

Helping people build better lives since 1972

First Step Inpatient Detoxification Program

425 Grant Street
Bridgeport, CT 06610

Tel: 203.416.1915

Fax: 203.416.1919

TTY: 203.225.0427

1.877.4.RNP.CARES

(Toll Free (1.877.476.7227))



www.Recovery-Programs.org

*...services provided
by RNP &
First Step...*

Recovery Network of Programs (RNP)

Is a non-profit behavioral health care organization. Our mission is to provide individualized services including treatment and prevention for people with substance abuse problems, community living and psychiatric rehabilitation. A full continuum of care is offered within the network.

First Step Detox is one of many programs offered within the Recovery Network of Programs continuum of care. This medically monitored residential detoxification unit is for individuals struggling with addiction. We welcome males and females, age 18 and older with a substance dependence disorder, that need detoxing from alcohol, opiates and/or benzodiazepines.

Clinical staff is trained in the implementation of best practices using evidence-based treatment approaches including motivational interviewing, cognitive-behavioral therapy, and medical interventions tailored to each individual's needs.

Our highly structured clinical and medically monitored detox program includes:

- Individual Counseling
- Group Therapy
- Case Management
- Referral Services for Continuing Care
- Medical Management
- Intensive service for persons living with HIV, AIDS, and psychiatric issues.

Individual therapy sessions focus on comprehensive assessment, treatment planning and achievement of goals. Family involvement is strongly encouraged. In addition, all clients will be provided with educational groups and resource information. Case management assists individuals with a variety of needs by facilitating connections to community providers. Recovery Network of Programs' Special Populations Department will come on-site to assist clients with HIV/AIDS diagnosis.



This Program offers a variety of services including case management, transportation and referrals for medical services and housing. The highly trained medical staff of RNP will ensure that all clients are assessed individually and administered medications to ensure a safe and comfortable detoxification. Recognizing that it is often difficult for an individual to achieve recovery in isolation, introduction to self-help groups and community resources are a vital part of the program.

Since inpatient detoxification treatment is designed to assist clients to stabilize, aftercare planning begins at the time of admission. Referrals are made to a variety of substance abuse facilities including residential, intensive outpatient, outpatient medication assisted treatment and mental health services.