

## Our Mission, Our History

Recovery Network of Programs, Inc. (RNP) is a private, non-profit behavioral health provider serving Connecticut. Its primary mission is to serve the economically disadvantaged/afflicted person by using a variety of individualized and diversified approaches to person-centered care.

Founded in 1972, RNP has grown to meet the needs of the community. RNP employs a highly trained, diverse and qualified staff of professionals to provide case management and treatment services for individuals with substance abuse, mental health and / or housing needs. All services are based on a Recovery Model of Care which individualizes treatment to support and encourage an individual's recovery and increased stability.

Today, the Organization's scope of services provide a continuum of care in the following areas: methadone maintenance, individual and group drug and alcohol counseling, substance abuse and mental health education, information and referral, a variety of counseling programs for youth and adults; facilities for individuals recovering from psychiatric disorders and a wide range of housing options for the homeless.



**\* Center for Human Services**  
2 Research Drive, Stratford, CT 06615  
Tel: 203.386.8802 Fax: 203.386-8369

### First Step

425 Grant St. Bridgeport, CT 06610  
Tel: 203.416.1915 Fax: 203.416.1919

### Horizons

1635 Fairfield Avenue Bridgeport, CT 06605  
Tel: 203.333.3518 Fax: 203.382.5589

### Huntington House

74 Huntington Road Bridgeport, CT 06608  
Tel: 203.366-7012 Fax: 203.384.6279

### Iranistan House

964 Iranistan Avenue Bridgeport, CT 06604  
Tel: 203.367.0025 Fax: 203.337.6239

### \* Kinsella Treatment Center

1438 Park Avenue Bridgeport, CT 06604  
Tel: 203.335.2173 Fax: 203.333.0754

### McGrath House

467-469 Summit Street Bridgeport, CT 06606  
Tel: 203.337.8180 Fax: 203.337.8183

### New Prospects & Prospect House

392 Prospect Street Bridgeport, CT 06604  
Tel: 203.610.6252 Fax: 203.610.6332  
(PH) Tel: 203.576.9041 Fax: 203.334.7798

### Recovery Adolescent Program / Annex & Drug Intervention Program

1549 Fairfield Avenue Bridgeport, CT 06605  
Tel: 203.333.4105 Fax: 203.331.4740  
(DIP) Tel: 203.610.6410 Fax: 203.610.6369

### Recovery Counseling Services

480 Bond Street Bridgeport, CT 06610  
Tel: 203.366.5817 Fax: 203.394.6790

### Seaview Apartments

1826 Seaview Avenue Bridgeport, CT 06610  
Tel: 203.610.8296 Fax: 203.610.8720

### Supervised Apartments

1549 Fairfield Avenue Bridgeport, CT 06605  
Tel: 203.337.8180 Fax: 203.337.8183

### Urban Model Initiative

410-414 Poplar Street Bridgeport, CT 06604  
Tel: 203.333.3445 Fax: 203.579.5159

\* Medication - Assisted Treatment



# Recovery Network of Programs

Helping people build better lives since 1972

## Drug Intervention Program

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[www.Recovery-Programs.org](http://www.Recovery-Programs.org)

The **Drug Intervention Program** provides a viable alternative to incarceration by providing an effective solution to drug use and drug-related crime through the innovative use of comprehensive supervision and substance abuse treatment, drug testing, judicial monitoring, sanctions and incentives. This is accomplished by;

- (1) Expediting the identification and assessment of substance abuse treatment needs of clients referred by the courts.
- (2) Expanding the capacity of outpatient treatment to meet the needs of the target population.
- (3) Improving the engagement and retention of the target population in treatment through Motivational Enhancement Therapy (MET) and culturally appropriate services.
- (4) Increasing coordination within the substance abuse treatment and criminal justice systems.
- (5) Providing case management services throughout the treatment process to ensure all client needs are met.

Evidence-based treatments include motivational enhancement therapy, contingency management, case management and cognitive-behavioral therapy. Specifically, cognitive behavioral therapies include social skills building, refusal skills, and relapse prevention. Positive reinforcement through the use of incentives and negative reinforcement through the use of sanctions are incorporated throughout as this is known to be effective for Drug Intervention Program models.

### **Services Offered Include:**

- ◆ Evaluation
- ◆ Individual Recovery Planning
- ◆ Individual, Group and Family Counseling
- ◆ Case Management
- ◆ Outpatient Programming
- ◆ Intensive Outpatient Programming
- ◆ Concurrent Medication-Assisted Treatment
- ◆ Consultation & Referral for Mental Health Services
- ◆ Referrals for Residential Treatment Services
- ◆ Crisis Intervention
- ◆ Alcohol and Drug Screening

### **Group Services**

- ◆ IOP
- ◆ Recovery Skills
- ◆ Relapse Prevention
- ◆ Cognitive Behavioral Therapy
- ◆ Anger Management & Substance Abuse
- ◆ Trauma-Informed

All client care is individualized and achievements are based on clearly defined clinical indicators. The philosophy of the Outpatient Program is to provide a holistic treatment approach to empower clients who are affected by drugs and alcohol dependency with the tools necessary to achieve sustained recovery. Programmatic goals include a reduction in substance use, decreased psychiatric symptoms, decreased criminal involvement, improved functioning, improved relationships with supportive persons, and the development of sober social networks. The program staff strives to assist clients to develop the motivation to change their values, beliefs, and attitudes. This, in turn, changes behavior, and sets the foundation for a healthier lifestyle. Our treatment goals are to assist clients to develop and enhance skills in areas such as positive communication, securing and utilizing social supports, incorporating healthy coping mechanisms, the development of recovery skills, relapse prevention skills-training, achieving economic stability, and improving educational and vocational functioning.